

NATIONAL SERVICE SCHEME

2020-2021



CHRIST COLLEGE

PULIYANAMALA, KATTAPPANA

Approved by UGC and Affiliated to MG University, Kottayam (3521/1/14/Ac A VII)
A Minority Institution Managed By CMI Fathers

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**NATIONAL SERVICE SCHEME
ACTIVITY REPORT
2020 OCTOBER TO 2021 NOVEMBER**



CHRIST COLLEGE
PULIYANMALA, KATTAPPANA
IDUKKI, KERALA - 685 515

**NATIONAL SERVICE SCHEME
UNIT NO: NSS/SFU/MGU/IDK/08**

1. Orientation Program for NSS Volunteers

An Online Orientation program was conducted for the NSS volunteers on 30/10/2020 by Mr.Bibinmon Varghese NSS Program Officer Christ College Puliyanamla, on the Topic of “History, Responsibilities and the areas of contribution by NSS Volunteers”

2. NSS - Plantain Farm

NSS unit of Christ College Kattappana organized on Framing Plantains on 18/01/2021, Monday as a part of finding fund for social service activities. Rev.Dr Alex Louis CMI, (Principal of Christ College) officially inaugurated the function by planting plantain. NSS volunteers as well as Staff member’s plants plantains sapling on the farm. The programme was huge success.



3. Foster Education through the Taste for Waste Campaign 2021

Education is the gateway to endless possibilities. NSS Unit of Christ College helps the students to rise up with colours in the field of education there by building up a promise Career. NSS unit in Association with Christ College Pullyanamala is with an endeavor to provide helping hand for the needy students out in the society through the campaign “Foster Education through the Taste for Waste Campaign 2021”. We are hoping to work this out as a catalyst and start-up towards social Commitment by engaging all batches of students to accumulate all types of recyclable waste thereby fundraising for the campaign. The programme was inaugurated by Rev. Dr. Jose Antony CMI (Director of VOSARD) our Chief Guest Mr. James Mathew (NSS Advisory Committee Member MGU Kottayam)

A CHILD WITHOUT EDUCATION, IS LIKE A BIRD WITHOUT WINGS.
- Tibetan proverb

FOSTER EDUCATION THROUGH THE TASTE FOR WASTE CAMPAIGN 2021

വിമലസുഖം, അണിചേരാം;
തുറക്കാം അറിവിന്റെ
നൂലമ്പലതായനങ്ങൾ

Education is the gateway to endless possibilities. NSS Units have always lend a helping hand for students to rise up with flying colours in the field of education there by building up a promising career. Our NSS unit in association with Christ College Pullyanamala is with an endeavor to provide a helping hand for the needy students out in the society through the campaign "FOSTER EDUCATION THROUGH THE TASTE FOR WASTE CAMPAIGN 2021". We are hoping to work this out as a catalyst and start-up towards social commitment by engaging all batches of our students to accumulate all types of recyclable waste thereby fundraising for the campaign.

CLICK HERE

**21ST JANUARY
11:30 AM
THURSDAY**

CHRIST COLLEGE
Pullyanamala, Kattappana

Email: christcollegekattappana@gmail.com
Web: www.christcollegekattappana.org

4. National Road Safety month “Sadak Suraksha – Jeevan Raksha”.

In Connection with National Road Safety Month NSS Unit of Christ College Puliyanmala Kattappana in association with Motor Vehicles Department Udumbanchola, was Conducted a Webinar & Road Cleanliness Programme on 12th & 13th February 2021. On webinar taken by Mr. Sooraj V.S Assistant Motor Vehicle Inspector Udumbanchola Sub RTO Office. On second day Road Cleanliness Programme officially inaugurated by Mrs. Beena Joby (Municipal Chairperson Kattappana Municipality). The NSS Volunteers cleaned the sides of the road & sign boards from Puliyanamala to Kattappana with the help of Motor Vehicles Department Udumbanchola. This Programme helped to provide an overall awareness to keep our roads clean to avoid accident and to serve as a model to the society.



5. Annual Seven Day Camp:

“YOUTH FOR PREVENTION AND MITIGATION OF COVID-19”

Date: 17th – 23rd March 2021 ✓

First Day 17/03/2021 (Wednesday)

The first day of NSS camp commenced on 17/03/2021 Wednesday by 4.00 pm in online Zoom Platform. The registration for the camp began exactly by 3.30pm followed by the official inaugural function. As the volunteers sang the NSS Anthem with commitment, **Mr. Bibinmon Varghese** (NSS Programme Officer) welcomed the gathering followed by the presidential address by **Rev. Dr. Alex Louis CMI** (Principal Christ College). The camp was officially inaugurated by the chief guest **Dr. Rekha Raj** (NSS Programme Coordinator MGU Kottayam). Later **Mr. Boban T Augustine** (HOD PG Department of Commerce) and **Mrs. Anitta Thomas** (Staff Secretary) felicitated the gathering. The official function came to an end by **Ms. Sona Maria James** (Volunteer Secretary NSS) thanking the gathering.

The same day as per the schedule an Ice Breaking session was conducted for the volunteers by **Ms. Dhanya Mohanan** (HOD Department of Economics) and an experience sharing about the Pre- RD Parade by **Mr. Antony Jacob**. During the session the students were divided into five groups and were given names, (Periyar, Nila, Kabhani, Pampar, Pampa) so that they can function for the following seven days in the camp as a group after which the plans for the second day was discussed, duties were allotted and the gathering dispersed by 9.00 pm.

Second Day 18/03/2021 (Thursday)

The first session of the Second day of the camp began with Online- Yoga under the guidance of **Mr. P.V Devasia** (Yoga Achariya & Assistant Professor Christ College), and then they came for the morning assembly in which Assembly, thought of the day, digital paper presentation and message of the day was included. After the assembly the students went to have breakfast and later left for their offline activities **AMMAYKKORU ADUKKALATHOTTAM** – A helping hand to all mothers by setting a kitchen garden at home of NSS Volunteers till 1:30 pm.

The second session of the day began with a Webinar by **Dr. Shambhunath Mohan MBBS** in which he mainly discussed on the Mental Health around Youth.

The third session of the day was cultural program the main event for the day was group wise “Nadan Patt” performance. After the cultural programs, students had a discussion on the day’s work and committee formation. The next day’s information along with the allocation of duties were discussed and the meeting was dispersed.

Third Day 19/03/2021 (Friday)

The first session of the Third day of the camp began with Online- Yoga under the guidance of **Mr. P.V Devasia** (Yoga Achariya & Assistant Professor Christ College), and then they came for the morning assembly in which Assembly, thought of the day, digital paper presentation and message of the day was

included. After the assembly the students went to have breakfast and later left for their offline activities **COVID – 19 Survey** till 1:30 pm.

The second session of the day began with a Webinar by **Mr. James Mathew** (NSS Advisory Committee Member MGU, NSS District Co- Coordinator MGU, Idukki) in which he mainly discussed on the duties and role of NSS Volunteers.

The third session of the day was cultural program the main event for the day was skit performance. Principal addressed the camp to ensure the safe progress of the camp. He shared his experience and motivated the students. After the cultural programs, students had a discussion on the day's work and committee formation. The next day's information along with the allocation of duties were discussed and the meeting was dispersed.

Fourth Day 20/03/2021 (Saturday)

The first session of the Fourth day of the camp began with Online- Yoga under the guidance of **Mr. P.V Devasia** (Yoga Achariya & Assistant Professor Christ College), and then they came for the morning assembly in which Assembly, thought of the day, digital paper presentation and message of the day was included. After the assembly the students went to have breakfast and later left for their offline activities **Foster Education through the Taste for Waste Campaign 2021** Volunteers till 1:30 pm.

The second session of the day began with a Webinar by **Mr. Santhosh George** (Assistant Professor Pavanatma College, Murickassery) in which he discussed the Ground realities of career selection . He enforced the importance of building a personality in order to stay successful in life.

The third session of the day was group wise cultural program. After the cultural programs, students had a discussion on the day's work and committee formation and the meeting was dispersed.

Fifth Day 21/03/2021 (Sunday)

The first session of the Fifth day of the camp began with Online- Yoga under the guidance of **Mr. P.V Devasia** (Yoga Achariya & Assistant Professor Christ College), and then they came for the morning assembly in which Assembly, thought of the day, digital paper presentation and message of the day was included. After the assembly the students went to have breakfast and later left for their offline activities **"HRIDHYAM"** – A Day with our beloved mothers Volunteers till 1:30 pm.

The second session of the day began with a Webinar by **Mr. Anuroop M.J** (Agricultural Officer Kattappana Municipality) in which he discussed Seed to Home Organic Cultivation Practices.

The third session of the day was group wise cultural program. After the cultural programs, students had a discussion on the day's work and committee formation and the meeting was dispersed.

Sixth Day 22/03/2021 (Monday)

The first session of the Sixth day of the camp began with Online- Yoga under the guidance of **Mr. P.V Devasia** (Yoga Achariya & Assistant Professor Christ College), and then they came for the morning

assembly in which Assembly, thought of the day, digital paper presentation and message of the day was included. After the assembly the students went to have breakfast and later left for their offline activities “**EACH ONE – TEACH ONE**” – A Venture to ignite the Art of Knowledge Volunteers till 1:30 pm.

The second session of the day began with a Webinar by **Adv. Jibin Antony** (Advocate District Court Idukki) in which he discussed the Emerging trends in Cyber Crime.

The third session of the day was cultural program the main event for the day was group wise dance performance. After the cultural programs, students had a discussion on the day’s work and committee formation. The next day’s information along with the allocation of duties were discussed and the meeting was dispersed.

Seventh Day 23/03/2021 (Tuesday)

The first session of the Sixth day of the camp began with Online- Yoga under the guidance of **Mr. P.V Devasia** (Yoga Acharya & Assistant Professor Christ College), and then they came for the morning assembly in which Assembly, thought of the day, digital paper presentation and message of the day was included. After the assembly the students went to have breakfast, being the last day the first session was camp evaluation in which all the NSS volunteers participated and shared their experience and came up with their own suggestions.

The second session was valedictory function commenced by 12.00 pm **Ms. Sameera Noby** (NSS Volunteer) welcomed the gathering followed by the presidential address of **Rev.Dr.Alex Louis CMI** and the invited chief guest of the day **Rev. Fr. Burney Tharappil CMI** (Secretary Carmel Vidhya Peet Trust) delivered the Keynote address later the gathering was felicitated by **Mr.Tony Mathews Panicker** (College Co-Coordinator), **Mr. P.V Devasia** (Yoga Acharya & Assistant Professor Christ College), and the entire session was winded up by the vote of thanks by **Mr.Bibinmon Varghese** (NSS Program Officer) and finally everyone stood and paid their honor for national anthem. The whole camp got winded up by 1.30 PM.

6. Webinar on COVID-19 & YOUTH

Webinar on COVID-19 & YOUTH 28/05/2021 NSS Unit of Christ College Puliyanmala In Association with Field Outreach Bureau Ministry of Information & Broadcasting Government of India and District Medical Office Idukki Organize a webinar on “ COVID 19 & YOUTH”

7. Environment Day Celebration 05/06/2021

Environment Day Celebration (05/06/2021) - As part of World Environment Day, the NSS unit of Christ College Puliyanmala conducted a program under the title "One Life, One Tree." Rev. Dr. Alex Louis Thannippara, CMI inaugurated the function by planting a sapling in the college portico. All the NSS volunteers planted tree saplings in their own home and mailed the photo to the college. The celebrations came to an end with everyone pledging to take the initiative of saving the environment and doing their bit for a cleaner and greener Mother Earth and NSS Unit of Christ College organized a webinar about High Range Dynamic Landscape and Ecological Issues by Mr. Arun Sasi S (Commission Member IUCN)



CHRIST COLLEGE
Puliyanmala, Kattappana



NATIONAL SERVICE SCHEME
UNIT NO. NSS/SFU/MGU/IDK/8

Webinar on **HIGH RANGE DYNAMIC LANDSCAPE AND ECOLOGICAL ISSUES**

GUEST OF THE DAY



ARUN SASI S
COMMISSION MEMBER, IUCN &
FORMER ENVIRONMENTAL EXPERT,
DISTRICT ENVIRONMENT IMPACT ASSESSMENT AUTHORITY, PATHANAMTHITTA

**World
Environment
Day**

**05/06/2021
SATURDAY
05:15 PM**

Meeting ID: 810 1207 2890
Passcode: 123321



Patrons

Rev. Fr. James Neendusery CMI
Manager and Director

Rev. Fr. Burney Tharappil CMI
Secretary, Carmel Vidya Peet Trust

Mr. Bibinmon Varghese
NSS Programme Officer

Organizing Committee

Rev. Dr. Alex Louis Thannippara CMI
Principal

Rev. Fr. Santhosh Chempakathumkal CMI
Vice Principal

Mrs. Swetha Sojan
Programme Coordinator




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8. International Yoga Day Celebration 21/06/2021

As a part of International Yoga Day Celebration 21/06/2021 NSS unit of Christ College Puliyanamala conducted a Yoga Demonstration programme. This programme was officially inaugurated by Dr. Linchumol Abraham BAMS.




CHRIST COLLEGE





NATIONAL SERVICE SCHEME
UNIT NO: NSS/SFU/MGU/IDK/8



International YOGA DAY

21st June 2021
08:30 AM



Fr. Dr. Alex Louis CMI
Principal
(Presidential Address)



Dr. Linchumol Abraham BAMS
Marymatha Ayurveda Clinic, Kattappana
(Inaugural Address)



Mr. Devasia P.V.
Yogacharya &
Aast.Prof. Dept. of Hindi
(Yoga Demonstration)



Meeting ID: 810 1207 2890
Passcode: 123321



"Be with Yoga, Be at Home".

Patrons

Rev. Fr. James Neendusery CMI
Manager and Director
Rev. Fr. Burnoy Tharappil CMI
Secretary, Carmel Vidyarthi Trust
Mr. Devasia P.V.
Aast. Prof & Yogacharya

Organizing Committee

Rev. Dr. Alex Louis Thannippara CMI
Principal
Rev. Fr. Santhosh Chempakathumkal CMI
Vice Principal
Mr. Bibinmon Varghese
NSS Programme Officer



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9. AZADI KA AMRIT MAHOTSAV “RASHTRAGAAN” (14/08/2021)

The volunteers of the NSS unit of Christ College Puliyanmala successfully participated in the ‘Rashtragaan’ programme organized by the Ministry of Culture, Government of India.

10. Anti- Dowry Pledge



11. Kanal – Gender Awareness Programme

Organized by Women & Child Development Department Government of Kerala



12. Independence Day Celebration (15/08/2021)

As part of the 75th Independence Day Celebration by the NSS Unit at 7.30. a.m. College Principal Rev. Dr. Alex Louis CMI hoisted the flag and Ms. Dhanya Mohanan (HOD, Dept. of Economics) delivered Independence Day Message.



13. Teachers Day Celebration (05/09/2021)

NSS Volunteers of Christ College Puliyanmala celebrated the Teachers day in an online platform.

14. NSS Day Celebration (24/09/2021)

As a part of the NSS Day celebration a webinar was organized on 'Prospects of NSS during the Pandemic' on 24th September, 2021. Dr. K K Suneesh (NSS Programme Officer & Assistant Professor Dept. of History, Pavanatma College Murickassery)

15. Gandhi Jayanti (02/10/2021)

As a part of Gandhi Jayanti celebration, the NSS volunteers cleaned their own houses and premises. My House-Clean House campaign

16. Clean India – Safe India (01st October to 31st October 2021)

To celebrate Azadi Ka Amrit Mahotsava, Dept. Of Youth Affairs, Ministry of Youth Affairs and Sports is undertaking "Clean India" Program. The program is aimed at creating awareness, mobilization of people and ensuring their involvement in the Clean India initiative which is unique in terms of scale and participation.

As a participation to the programme, NSS volunteers of Christ College Puliyanmala, cleaned public places in their own area. Along with this, waste materials were collected from the locality and was handed over to the 'Haritha Sena

