



NATIONAL SERVICE SCHEME 2021-2022



Approved by UGC and Affiliated to MG University, Kottayam (3521/1/14/Ac A VII)

A Minority Institution Managed By CMI Fathers

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ANNUAL REPORT – NSS 2021-2022



NATIONAL SERVICE SCHEME UNIT NO: NSS/SFU/MGU/IDK/08

1. WORLD AIDS DAY CELEBRATION ON 01.12.2021

World AIDS Day was celebrated by NSS Unit of Christ College, Puliyanmala, on 1 st December 2021. The objective of the programme was to create Marathon & awareness among the volunteers about the symptoms, causes and preventives of HIV/AIDS that has taken unprecedented number of lives. At the outset, Mr. Bibinmon Varghese Programme Officer NSS Unit, welcomed the gathering. Principal Rev. Dr. Alex Louis CMI chaired the programme and delivered the welcome speech. Prof. Anu , in her speech, enlightened the students about the importance of World AIDS day. Mrs. Anithamol CS, Controller of Examinations and Mr.Boban T Augustine , HOD, Dept. of Commerce , attended the programme and delivered their speech.

NSS SEVEN DAY CAMP REPORT2021-2022

UNARV 2022

VENUE: CHRIST COLLEGE, PULIYANMALA, KATTAPPANA

Date: 1st - 7th March 2022



First Day 01/03/2022 (Tuesday)

The N.S.S Unit of Christ College, Puliyanmala, organised a camp at the college. The Camp lasted for seven days. The first day of NSS camp commenced on 01/03/2022, Tuesday by 9.30 am at Christ College, Puliyanmala. It began with official inauguration. The registration for the camp began exactly by 8.30 am followed by the official inaugural function. As the volunteers sang the NSS Anthem with commitment, Mr. Bibinmon Varghese (NSS Programme Officer) welcomed the gathering. Rev.Dr. Alex Louis CMI (Principal Christ College) delivered the presidential address. The camp was officially inaugurated by the chief guest Mr.Jiji K Philip, President of District Panchayath, Idukki. Later Rev.Fr. Anoop Thuruthimatoom CMI, Financial Administrator & HOD Social Work Department, Mrs. Sudharmma Mohanan, Ward Councilor, Mrs. Bindhulatha Biju, Ward Councilor, and Mr.Boban T Augustine (HOD PG Dept. of Commerce) were felicitated the gathering. The official function came to an end by Mr.Martin Joseph, Volunteer Secretary NSS thanking the gathering.

The same day as per the schedule an Ice Breaking session was conducted by Mr. Akhil P Varghese and Mrs. Chippy Francis (Assistant Professors Christ College) and an experience sharing about the Pre- RD camp by Mr. Antony Jacob were held. For the smooth functioning of the seven day camp, the students were divided into five groups and were given names, Chemparathi, Rose, Chembhakam, Jasmine and Sunflower. As a group after which the plans for the second day were discussed and duties allotted for each and every volunteer. The gathering dispersed by 10:00 PM.





Second Day 02/03/2022 (Wednesday)

The first session of the Second day of the camp began with yoga under the guidance of Mr. P.V Devasia (Yoga Achariya & Assistant Professor Christ College), and then they came for the morning assembly in which flag hoisting, parade and message of the day was included. After the assembly the students went to have breakfast and later went to Paliya tribal settlement for their

social work which was titled as "Renovation of ICDS Anganwadi – Beautification of Anganwadi" until 1:30 pm.

The second session of the day began with a seminar class by Dr. Gracy (CMO,GHD, Kattappana) in which she mainly discussed on the Post- Covid Life and personal hygiene among youngsters.

The third session of the day was cultural program the main event for the day was group wise 'Nadan Pattu' performance. After the cultural programs, students had a discussion on the day's work and committee formation. The next day's information along with the allocation of duties were discussed and the meeting was dispersed.





Third Day 03/03/2022 (Thursday)

The first session of the Third day of the camp began with yoga under the guidance of Mr. P.V Devasia, and then they came for the morning assembly in which flag hoisting, parade and message of the day was included. After the assembly the students went to have breakfast and later went to Paliya tribal settlement for "Renovation of ICDS Anganwadi – Beautification of Anganwadi" until 1:30 pm.

The second session of the day began with a lecture class by Mr. Abdul Salam M (Excise Preventive Officer, Excise Rage Office Kattappana) in which he mainly discussed on adolescence awareness on drug abuse. He highlighted the point on how drugs can affect the intellectual, social and physiological system of humans.

The third session of the day was cultural program the main event for the day was group wise skit performance. Rev. Fr. Principal visited the camp to ensure the safe progress of the camp. He shared his experience and motivated the students. After the cultural programs, students had a discussion on the day's work and committee formation. The next day's information along with the allocation of duties were discussed and the meeting was dispersed.





Fourth Day 04/03/2022 (Friday)

The first session of the fourth day of the camp began with yoga under the guidance of Mr. P.V Devasia (Yoga Achariya & Assistant Professor Christ College), and then they came for the morning assembly in which flag hoisting, parade and message of the day was included. After the assembly the students went to have breakfast and later went to Kattappana Traffic Enforcement unit for their social work which was titled as "A Day with our Traffic Heros" until 2.00 pm.

The second session of the day began with a seminar class by Fire & rescue team, Kattappana, in which they are mainly discussed how to handle emergency situations.

The third session of the day was cultural program the main event for the day was group wise dance performance. After the cultural programs, students had a discussion on the day's work and committee formation. The next day's information along with the allocation of duties were discussed and the meeting was dispersed.



Fifth Day 05/03/2022 (Saturday)

The first session of the fifth day of the camp began with yoga under the guidance of Mr. P.V Devasia, and then they came for the morning assembly in which flag hoisting, parade and message of the day was included. After the assembly the students went to have breakfast and later went to Puliyanmala PHC- SUB center for "Clean- Zone-"-Plastic Free zone until 1:30 pm.

The second session of the day began with a Seminar by Mr. Navas V. S (Inspector of Police Vadanmedu) in which he discussed the challenges faced by the youngsters.

The third session of the day was cultural program the main event for the day was group wise drama performance. Rev. Fr. Principal visited the camp again to ensure the safe progress of the camp. He shared his experience and motivated the students. After the cultural programmes, students had a discussion on the day's work and committee





Sixth Day 06/03/2022 (Sunday)

The first session of the sixth day of the camp began with yoga under the guidance of Mr.P.V Devasia, and then they came for the morning assembly in which flag hoisting, parade and message of the day was included. After the assembly the students went to have breakfast and later went to Kattappana KSRTC Depot for Social work "A tribute to our own Airavat" 12:30 Pm.

The second session of the day began with a traffic awareness class by Mr. Jayachandran S (Sub Inspector of Police, Traffic Enforcement Unit Kattappana) followed by an interactive session of Mr. Anand Tom (HST – Physics Calvary High School, Calvarymount) in which he discussed personality development and leadeshp skills. He enforced the importance of building a personality in order to stay successful in life.

The third session of the day was group wise cultural program. After the cultural programs, students had a discussion on the day's work and committee formation and the meeting was dispersed.





Seventh Day 07/03/2022 (Monday)

The first session of the Seventh day of the camp began with yoga and then they came for the morning assembly in which flag hoisting, parade and message of the day was included. After the assembly the students went to have breakfast. Being the last day the first session was camp evaluation in which all the NSS volunteers participated and shared their experience and came upwith their own suggestions.

The second session was valedictory function commenced by 9:30 pm Ms. Sameera Noby (Volunteer Joint Secretary NSS) welcomed the gathering followed by the presidential address of Rev.Dr.Alex Louis CMI. Chief Guest of the day Fr. Anoop Thuruthimatoom CMI (Financial Administrator & HOD Social Work Department) delivered the valedictory address. Later the gathering was felicitated by Ms. Linta Eldos (Assistant Professor Christ College Puliyanmala) and the entire session was winded up by the vote of thanks by Mr.Bibinmon Varghese, NSS Program Officer. The whole camp winded up with a national anthem by 12:00 PM.